



## Author Guideline

**British Journal of Medical and Health Research (BJMHR)** is a double blind peer-reviewed international journal. BJMHR accepts research, review article and Short Communication in Medical, pharmaceutical and biological sciences. The manuscript would be considered under the specific branches of Medical, Pharmaceutical and Biological sciences. Those branches are as follow

Medical Sciences Branches	Pharmaceutical Sciences Branches	Biological Sciences Branches
General Medicine	Pharmaceutics	Biochemistry
Public health & hygiene	Pharmacology	Biotechnology
Tropical diseases	Pharmacognosy & Phytochemistry	Genetics
Endocrinology	Pharmaceutical Chemistry	Microbiology
Anatomy	Pharmaceutical Biotechnology	Molecular Biology
Neurology	Pharmacy practice	Immunology
Dermatology	Pharmacogenomics	Biostatistics
Orthopedics	Medicinal Chemistry	Botany
Organ transplantation	Molecular Pharmacology	Zoology
Oncology	Novel drug delivery system	Cytology
Pathology	Nanotechnology	Poultry Science
Haematology	Analytical Chemistry	Fishery Science
Nephrology	Organic Chemistry	Marine Biology
Gynecology	Natural Chemistry	Wildlife Biology
Ophthalmology	Polymer Sciences	Cell Biology
Pediatrics	Clinical Pharmacy	Environmental Sciences
Radiology		Ecology&Environmental Biology
Medical Biotechnology		Veterinary Science

**BJMHR** allows free unlimited access to abstract and full-text. The journal focuses on rapid publication with facilities of, online research article tracking & Email/SMS alert etc. Manuscripts are accepted for review with the understanding that same work has not been published, that it is not under consideration for publication elsewhere, and that its submission for publication has been



approved by all authors and institution where the actual work was carried out.

## **COVER LETTER**

During submission of the article, a cover letter should be included having Authors full address and telephone/fax number along with copyright from.

## **Manuscript preparation**

### **Page layout & styles**

Page size           Portrait

Margins           All Margins, 1cm

Page number       Numbered at left bottom

Footer / Headers   None

Title               16 pt Times New Roman, bold, centered.

Author and co-     12 pt Times New Roman centered, bold - author and all co-authors names in one  
authors             line.

The corresponding author should include an asterisk\*.

Authors address   12 pt Times New Roman cente  
red - giving each authors' affiliation (i.e.  
Department/Organization/Address/Place/Country/email). Followed by single line  
spacing. and it must be Italic

Abstract           12 pt Times New roman, it should be 250 words not more than 250 words and 1.5  
spacing

Heading           Major headings (ABSTRACT, KEYWORDS, INTRODUCTION, MATERIALS  
AND METHODS, RESULTS AND DISCUSSION, ACKNOWLEDGEMENTS,  
REFERENCES) in upper case left-justified, 14 pt bold

Tables             *Correct*

*Table 1: Design matrix for 32 factorial designs*

*Incorrect*

*Table no 1: Design matrix for 32 factorial designs*

Figures /Graphs   Figures may be embedded in your word document but they should be gif, jpg or  
tiff format.

manuscript with proper labelling of figure

*Correct*

*Figure 1: The percentage of resistant (blue), reduced susceptible (red) and*



*sensitive (green) bacterial isolates*

*Incorrect*

*Figure 1: The percentage of resistant (blue), reduced susceptible (red) and sensitive (green) bacterial isolates*

*Fig 1: The percentage of resistant (blue), reduced susceptible (red) and sensitive (green) bacterial isolates*

All text should be fully justified. Please put all primary section titles in UPPER CASE letters and subheading in both Upper and Lower Case letters. Do not number your titles (for example, 1.0 Introduction; 2.0 Background). Do not use the tab key to indent blocks of text such as paragraphs of quotes or lists because the page layout program overrides the left margin with its own, and the tabs end up in mid-sentence.

## **Structure of Articles**

- 1) Article Title
- 2) Authors and Co-Authors details and their affiliations
- 3) Abstract (200 to 250 words not more than 250 words)
- 4) Key words (maximum 6)
- 5) Introduction
- 6) Materials and Methods
- 7) Results and Discussion
- 8) Conclusion
- 9) Acknowledgement (optional)
- 10) References
- 11) Figure
- 12) Table

### **1) ARTICLE TITLE:**

The title must be as brief as possible, comprehensive and descriptive. It should not be more than 20 words. Title should be of 16pt bold uppercase.



## **2) AUTHORS AND CO-AUTHORS DETAILS AND THEIR AFFILIATIONS**

Each author must provide their full name including their forenames and surname. The Corresponding Author of the manuscript must be marked with an asterisk, and should be listed first. In addition the corresponding author must include Telephone and E-mail address at the bottom left corner of the title page. If any of the co-authors are from different organizations, their addresses too should be mentioned and indicated using numbers after their names.

**Maximum 4 authors should be allowed.**

## **3) ABSTRACT:**

Should start on a new page after the title page and should present the novelty of the study, the main findings or object of present work, and principle conclusions, not more than 250 words. All the three categories, Review Articles, Original Research papers and Short Communications should have an Abstract.

## **4) KEYWORDS:**

3-6 keywords are to be provided by the authors. These keywords should be typed at the end of the abstract on the same page.

## **5) INTRODUCTION:**

The introduction should not be an extensive literature review although it should provide sufficient background information for the reader to understand and evaluate the results of the present study.

## **6) MATERIALS AND METHODS:**

The section should include sufficient technical information to allow the experiments to be performed. Procedural detail that has been published previously should be referred to by citation.

## **7) RESULTS AND DISCUSSION:**

**Results** should be described as concisely as possible in one of the following ways: text, table(s), or figure(s). The reproducibility and statistical significance of measurements, material or biological data, must be included where relevant.

The **Discussion** should provide an interpretation of the results and their significance with regard to previously published work. There should not be any significant repetition of the experimental procedures or reiteration of the introduction.

## **8) CONCLUSION:**

A short, paragraph summarizing the most important finding(s) of the research is required. Do not include any new information in this conclusion. A good conclusion connects major review points, critical discussion points and significance of your review. It also displays future scope of the review, impact on research and research trends of those reviewed research.



## **9) ACKNOWLEDGMENTS:**

Funding Acknowledgements: We appreciate to give an acknowledgement paragraph about the funding or grant received, financial assistance provided for conducting the study. Journal encourages to include funding or grant number which may help to get your paper accepted favourably but this is not mandatory

This section can be kept at the end of the manuscript before reference section and should not be more than 50 words. This section can be used to acknowledge those who had helped for your study, but do not qualify for authorship or to acknowledge funding, donated resources or significant contribution to the research

## **REFERENCES:**

Referencing is a standardized way of acknowledging the sources of information and ideas that you have used in your research work and which allows the sources to be identified. It is important to be consistent when you are referencing.

Our Journal recommends and adheres to Vancouver style for Reference listing. The Vancouver style of referencing is predominantly used in the medical field and Para medicalscience. When referencing your work in the Vancouver style, it is very important that you use the right punctuation and that the order of details in the reference is also correct. References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order).

### **For Journal Reference**

Cergole-Novella MC, Nishimura LS, Irino K, Vaz TMI, De Castra AF, Lomil L, Guth BE. *Stx* genotypes and antimicrobial resistance profiles of shiga toxin-producing *Escherichia coli* strains isolated from human infections, cattle and foods in Brazil. FEMS Microbiol Lett. 2006; 259: 234-239.

### **For Book Reference**

Ancel HC, Allen LV, Popovich NG. Pharmaceutical dosage forms and drug delivery systems. 5<sup>th</sup>ed., New Delhi: Lippincott Williams & Wilkins; 2005: 311-12.

### **For Chapters in Book Reference**

Porter RJ, Meldrum BS. Antiepileptic drugs. In, Katzung BG(ed). Basic and clinical pharmacology. 6<sup>th</sup> ed., Norwalk (CN): Appleton and Lange; 1995; 361-80.

### **Government publications**

Government of India. Ministry of health and family welfare. Indian Pharmacopoeia Vol. I & II. The Controller of Publication, New Delhi; 1996: 762-10.

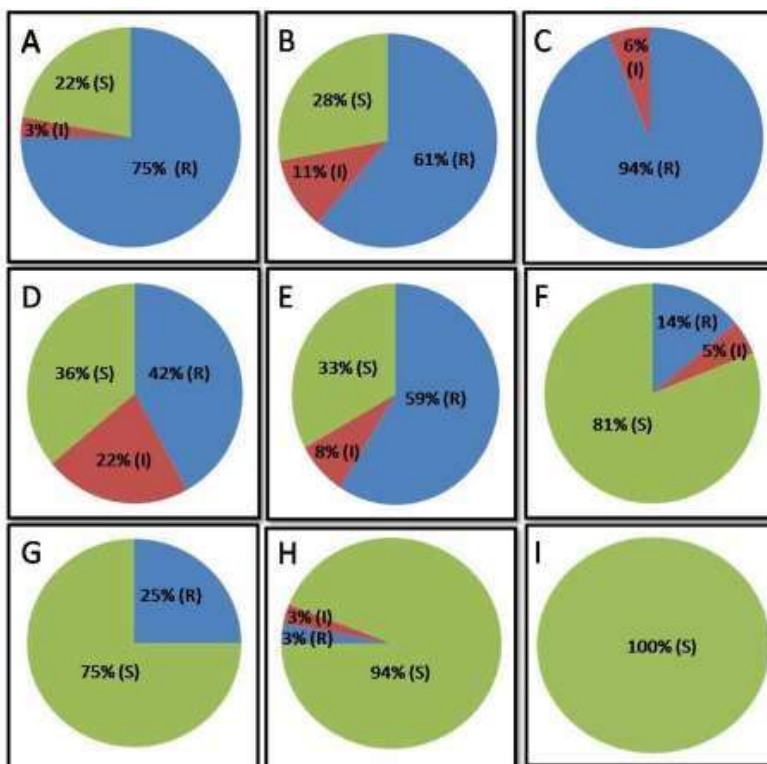
## **FIGURES**



**Figures should be numbered consecutively with numerals (Figure 1,2,3)**

Give separate title for each and every figure and send all figures in JPG image.

**Sample of Figure.**



**Figure 1: The percentage of resistant (blue), reduced susceptible (red) and sensitive (green) bacterial isolates**

**10) TABLES**

Give separate title to each Table and give the numbers according (Table 1, 2,3)

**Table 1: Design matrix for 3<sup>2</sup> factorial designs**

Sr. No.	Coded Value		Actual Value	
	Factor 1	Factor 2	Factor 1	Factor 2
	Conc. of HPMCK 4 M (A)	Conc. of HPMCK 100 M (B)	Conc. of HPMC K 4 M(X1)(mg)	Conc. of HPMC K 100 M (X2)(mg)
1	1	1	80	96
2	0	1	64	96
3	-1	1	48	96
4	1	0	80	80

**REVIEW ARTICLES**

These should contain title page, summary (need not be structured) and key words. The text proper should be written under appropriate sub-headings. The authors are encouraged to use flowcharts, boxes, cartoons, simple tables and figures for better presentation. The articles should not be more



than 25 pages and contain comprehensive coverage of relevant literature and the total number of figures and tables should not be more than 10. All format requirements are similar to those applicable to Research papers. Review articles need not to be divided into sections such as Materials and methods, and Results and discussion, but should definitely have an abstract and introduction

### **SHORT COMMUNICATIONS**

The research and technical communications section of this journal (maximum 3,000 words) is open to interesting results worthy of publication without requiring extensive introduction and discussion. This section should be organized as follows: Abstract, Introduction, Materials and methods, Results and discussion (combined). Not more than 10 references should be provided. Tables, figures and references are to be arranged in the same way as for research papers. Brevity of presentation is essential for this section.

### **COPYRIGHT**

Submission of the manuscript represent that the manuscript has not been published previously and is not considered for publication elsewhere. Authors would be required to sign a CTA form (Copy Right Transfer Agreement) once the manuscript is accepted which would be sent to the corresponding author's email. The corresponding author can download the form and after getting authors and co-authors signature it can be send as an attachment file after scanning to the journal or by post/courier along with the publication charges

### **ETHICAL MATTERS**

Authors involving in the usage of experimental animals and human subjects in their research article should seek approval from the appropriate Ethical committee in accordance with "Principles of Laboratory Animal Care". The Method section of the manuscript should include a statement to prove that the investigation was approved and that informed consent was obtained

### **GALLEY PROOFS**

Galley proofs would be sent unless indicated otherwise to the corresponding author. It is the responsibility of the corresponding author to ensure that the galley proof is to be returned without delay with correction (if any). The authors are responsible for the contents appeared in their published manuscripts.

### **ANTI-PLAGIARISM POLICY**

Manuscripts must be devoid of any forms of plagiarism. They should also have appropriate citations to the related literature in the field.

### **CONFLICT OF INTEREST STATEMENT**

Any information regarding the potential conflict of interests related to various aspects such as



financial support by commercial firms, etc should be disclosed in manuscripts to help clarify this issue.

### **SUBMISSION OF MANUSCRIPT**

All manuscripts should be submitted either via online submission system or via e-mail to [editor@bjmhr.com](mailto:editor@bjmhr.com) as an attachment for quick evaluation.