



Author Guideline

British Journal of Medical and Health Research (BJMHR) is a **Monthly** journal which publishes original research articles, review articles, case reports, short communications in the field of medical science, pharmaceutical and Allied sciences. The manuscript would be considered under the specific branches of medical, pharmaceutical and Allied sciences. Those branches are as follows

Research and Review manuscript is to be submitted for publication in following subjects

- ☐ Medical sciences
- ☐ Allied sciences
- ☐ Pharmaceutical Science

BJMHR allows free unlimited access to abstract and full-text. The journal focuses on rapid publication with facilities of, online research article tracking & Email/SMS alert etc. Manuscripts are accepted for review with the understanding that same work has not been published, that it is not under consideration for publication elsewhere, and that its submission for publication has been approved by all authors and institution where the actual work was carried out.

COVER LETTER

During submission of the article, a cover letter should be included having Authors full address and telephone/fax number.

- ☐ The type of article (Research or Review or short communication) along with the title and the type of branch under which the article to be published should be mentioned.
- ☐ The corresponding author should mention the undertaking that if any animal studies carried was in accordance with their country or institutional ethical committee and also state that the manuscript has not been published elsewhere (except in the form of an abstract or as part of a published lecture or academic thesis).

British Journal of Medical and Health Research publishes the following manuscript types:

- ☐ Original Research Articles
- ☐ Review Articles
- ☐ Short communications

ORIGINALRESEARCH ARTICLE

Manuscript preparation

The manuscript should be prepared in English using "MS Word" with 1 inch margin on all sides (Top, Bottom, Left and Right side) of the page. "Times New Roman" font should be used. The



font size should be of 12pt but main Title should be of 16pt bold uppercase, main headings should be of 14pt uppercase, subheadings should be of 12pt bold lowercase. Manuscript should be concisely typewritten in 1.5 spaces in A4 sized sheets. The pages shall be numbers consequently. The length of Review/Science Education article should not exceed 25 manuscript pages to include figures, tables and references. No abbreviations or acronyms shall be used in the titles or Abstract acronyms except for measurements. There shall not be decorative borders anywhere in the text including the title page. These entire MS word document with graphs and illustration pasted in it shall not exceed 2 MB.

Structure of Articles

1. Article Title
2. Authors and Co-Authors details and their affiliations
3. Abstract (200 to 250 words not more than 250 words)
4. Key words (maximum 6)
5. Introduction
6. Materials and Methods
7. Results and Discussion
8. Conclusion
9. Acknowledgement (optional)
10. References
11. Figure
12. Table

1) ARTICLE TITLE:

The title must be as brief as possible, comprehensive and descriptive. It should not be more than 20 words. Title should be of 16pt bold uppercase.

2) AUTHORS AND CO-AUTHORS DETAILS AND THEIR AFFILIATIONS

Each author must provide their full name including their forenames and surname. The Corresponding Author of the manuscript must be marked with an asterisk, and should be listed first. In addition the corresponding author must include Telephone and E-mail address at the bottom left corner of the title page. If any of the co-authors are from different organizations, their addresses too should be mentioned and indicated using numbers after their names.

Maximum 4 authors should be allowed.



3) ABSTRACT:

Should start on a new page after the title page and should present the novelty of the study, the main findings or object of present work, and principle conclusions, not more than 250 words. All the three categories, Review Articles, Original Research papers and Short Communications should have an Abstract.

4) KEYWORDS:

3-6 keywords are to be provided by the authors. These keywords should be typed at the end of the abstract on the same page.

5) INTRODUCTION:

The introduction should not be an extensive literature review although it should provide sufficient background information for the reader to understand and evaluate the results of the present study.

6) MATERIALS AND METHODS:

The section should include sufficient technical information to allow the experiments to be performed. Procedural detail that has been published previously should be referred to by citation.

7) RESULTS AND DISCUSSION:

Results should be described as concisely as possible in one of the following ways: text, table(s), or figure(s). The reproducibility and statistical significance of measurements, material or biological data, must be included where relevant.

The **Discussion** should provide an interpretation of the results and their significance with regard to previously published work. There should not be any significant repetition of the experimental procedures or reiteration of the introduction.

8) CONCLUSION:

A short, paragraph summarizing the most important finding(s) of the research is required.

9) ACKNOWLEDGMENTS:

The source of any financial support, gifts, technical assistance and advice received for the work being published must be indicated in the Acknowledgments section.

10) REFERENCES:

Referencing is a standardized way of acknowledging the sources of information and ideas that you have used in your research work and which allows the sources to be identified. It is important to be consistent when you are referencing.

The Vancouver style of referencing is predominantly used in the medical field and Para medical science. When referencing your work in the Vancouver style, it is very important that you use the



right punctuation and that the order of details in the reference is also correct. References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order). Download a [PowerPoint presentation](#) on reference styles (How to write reference) and using the reference checking facility on the manuscript.

For Journal Reference

Cergole-Novella MC, Nishimura LS, Irino K, Vaz TMI, De Castra AF, Lomil L, Guth BE. *Stx* genotypes and antimicrobial resistance profiles of shiga toxin-producing *Escherichia coli* strains isolated from human infections, cattle and foods in Brazil. FEMS Microbiol Lett. 2006; 259: 234-239.

For Book Reference

Ancel HC, Allen LV, Popovich NG. Pharmaceutical dosage forms and drug delivery systems. 5th ed., New Delhi: Lippincott Williams & Wilkins; 2005: 311-12.

For Chapters in Book Reference

Porter RJ, Meldrum BS. Antiepileptic drugs. In, Katzung BG(ed). Basic and clinical pharmacology. 6th ed., Norwalk (CN): Appleton and Lange; 1995; 361-80.

Government publications

Government of India. Ministry of health and family welfare. Indian Pharmacopoeia Vol. I & II. The Controller of Publication, New Delhi; 1996: 762-10.

11) FIGURE

- ☐ Figures should be numbered consecutively with Arabic numerals (i.e. Figure 1, 2, 3 etc.). ☐
- Provide a brief title with each figure.
- ☐ All figures should be cited in the text.
- ☐ File formats accepted are Microsoft Word (figures must be a single page), PowerPoint (figures must be a single page), PNG, JPEG, TIFF, BMP, CDX (ChemDraw) or TGF (ISIS/Draw).

Sample of Figure.

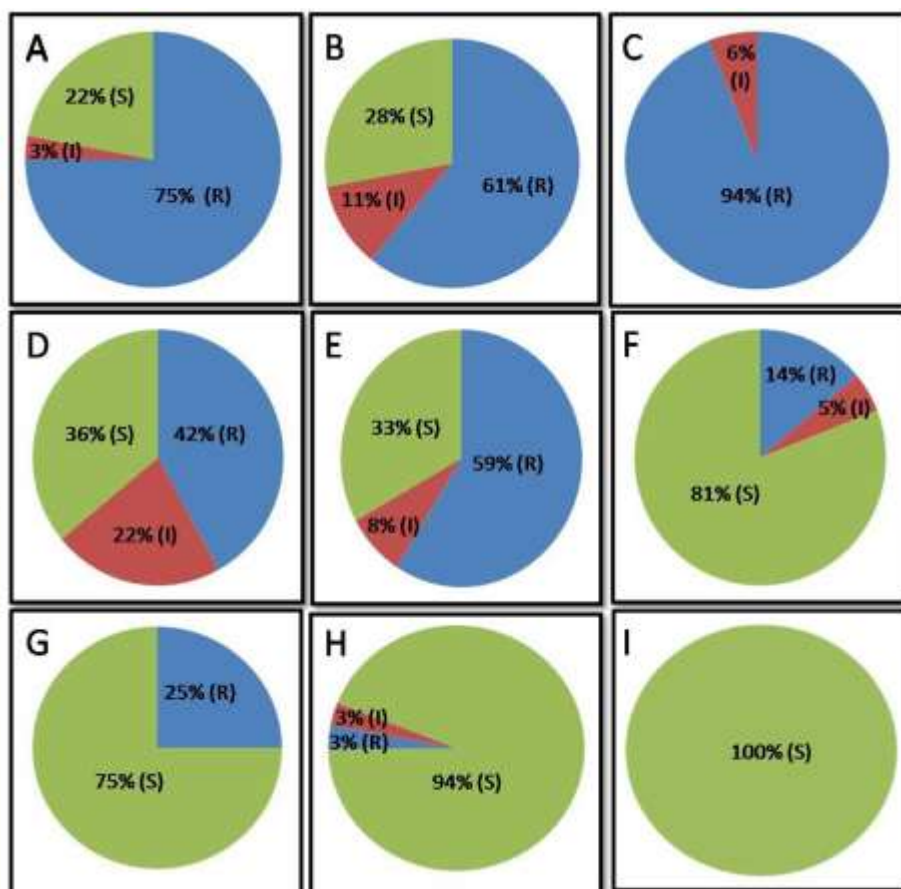


Figure 1: The percentage of resistant (blue), reduced susceptible (red) and sensitive (green) bacterial isolates

12) TABLES

- ☐ Please keep the number of tables to a minimum.
- ☐ Tables should be numbered consecutively (Table 1, Table 2 etc) and each table must start on a separate page at the end of the manuscript.

sample of tables.

Table 1: Design matrix for 3² factorial designs

Sr. No.	Coded Value		Actual Value	
	Factor 1 Conc. of HPMC K 4 M (A)	Factor 2 Conc. of HPMC K 100 M (B)	Factor 1 Conc. of HPMC K 4 M (X ₁)(mg)	Factor 2 Conc. of HPMC K 100 M (X ₂)(mg)
1	1	1	80	96
2	0	1	64	96
3	-1	1	48	96
4	1	0	80	80



REVIEW ARTICLES

These should contain title page, summary (need not be structured) and key words. The text proper should be written under appropriate sub-headings. The authors are encouraged to use flowcharts, boxes, cartoons, simple tables and figures for better presentation. The articles should not be more than 25 pages and contain comprehensive coverage of relevant literature and the total number of figures and tables should not be more than 10. All format requirements are similar to those applicable to Research papers. Review articles need not to be divided into sections such as Materials and methods, and Results and discussion, but should definitely have an abstract and introduction

SHORT COMMUNICATIONS

The research and technical communications section of this journal (maximum 3,000 words) is open to interesting results worthy of publication without requiring extensive introduction and discussion. This section should be organized as follows: Abstract, Introduction, Materials and methods, Results and discussion (combined). Not more than 10 references should be provided. Tables, figures and references are to be arranged in the same way as for research papers. Brevity of presentation is essential for this section.

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ETHICAL MATTERS

Authors involving in the usage of experimental animals and human subjects in their research article should seek approval from the appropriate Ethical committee in accordance with "Principles of Laboratory Animal Care". The Method section of the manuscript should include a statement to prove that the investigation was approved and that informed consent was obtained

GALLEY PROOFS

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their published manuscripts.

PROCESSING FEES FOR PUBLICATION

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Manuscripts must be devoid of any forms of plagiarism. They should also have appropriate citations to the related literature in the field.

CONFLICT OF INTEREST STATEMENT

Any information regarding the potential conflict of interests related to various aspects such as financial support by commercial firms, etc should be disclosed in manuscripts to help clarify this issue.

